

# ULTRAX DIAGNOSTIC

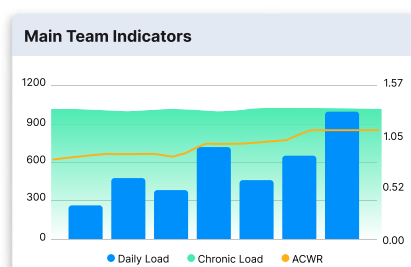


## Load Tracking

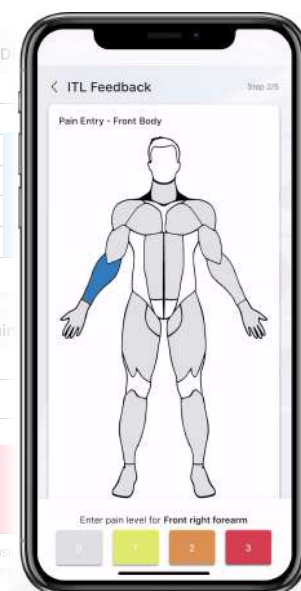
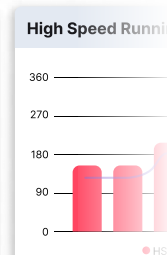
Innovative digital platform for tracking player load, based on subjective assessment with a focus on preventing sports injuries.

## Sports Diagnostic

Testing of the anthropometric status adapted to the gender and age of the athlete. The athlete's analysis will be compared to the model values of Croatian football.



Sessions	Avg. RPE	Weekly Change
6	6.93	+130 <span>↗</span>
4	6.82	-340 <span>↘</span>
5	6.44	+274 <span>↗</span>
5	6.39	+335 <span>↗</span>



## Diagnostics

- Anthropometry (height, weight, BMI, body composition)
- Speed over 20 meters with passing at 5 and 10 meters
- Explosive power of the jumping type
- Analysis of results and comparison with models

## Female Diagnostics

- Anthropometry (height, weight, BMI, body composition)
- Biomechanical analysis of knee stability
- Speed over 20 meters with passing at 5 and 10 meters
- Analysis of results and comparison with models

## Internal Training Load

- Performance profile during competition
- Monitoring of athlete's wellness status before matches
- Monitoring of subjective assessment of load after matches
- Health status monitoring during the tournament

